



# Junior Sports Day – Prep and Year 1

**Tuesday 16<sup>th</sup> September 2025**

60m Sprints and Relays, High Jump and Long Jump, Tabloids



Time	Prep Boys	Prep Girls	Year 1 Boys	Year 1 Girls
<b>By 9:30</b>	Seated in House tents for Welcome and War Cries			
<b>9:45– 10:15</b>	Long Jump	60m Sprints & Relays	Egg & Spoon Race/ Sack Race	High Jump
<b>10:15-10:45</b>	60m Sprints & Relays	Long Jump	High Jump	Egg & Spoon Race/ Sack Race
<b>10:45-11:00</b>	Collect Sausage Sizzle Bags from Oval Meeting Points Transition to Eating Area & Hand Out Sausage Sizzle			
<b>1<sup>st</sup> Break</b>	<b>LUNCH BREAK- Normal Eating Areas (toilet and drinks break at 11:25am before returning to oval)</b>			
<b>11:45-12:00</b>	Seated in House Tents for a points update			
<b>12:00-12:30</b>	Egg & Spoon Race/ Sack Race	High Jump	Long Jump	60m Sprints & Relays
<b>12:30-1:00</b>	High Jump	Egg & Spoon Race/ Sack Race	60m Sprints & Relays	Long Jump
<b>1:00-1:15</b>	War Cries & Final Wrap Up			
<b>1:15-1:30</b>	Transition to Eating Area			
<b>2<sup>nd</sup> Break</b>				
<b>2:00- 3:00</b>	Normal Classroom Program			

